

# Into the Garden

The Gardeners' Club Santa Cruz County, California

April 2025

Writer/Editor: Lise Bixler (lisebixler@sbcglobal.net)

Most of you know Cherry Thompson from her role leading our club—she has been the President of The Gardeners' Club since 2009! But did you know she is also a

### Worm Composting

Worm composting—vermicomposting is an easy and fun way to turn kitchen

scraps into valuable castings

Master Composter? In 2006 she completed the Santa Cruz Master Recycler Volunteer Training Program (see back page of the newsletter for more information) In that role, she fed worm bins at Grey Bears and the Live Oak Grange for a number of years as well as doing classroom

presentations in K-6 grades. She loves her worms!

At our April Meeting, Cherry will demonstrate how to start & feed a worm bin. She'll explain the process of making worm tea, and how to use it. She'll bring a counter top stainless steel food scrap container to raffle as well as a gallon of compost tea.

Vermicomposting is a process where worms, like red wigglers, consume organic matter (food scraps, yard waste) and convert it into a valuable soil amendment called vermicompost (worm castings).

### What are the benefits?

- **Diverts food waste:** Vermicomposting reduces the amount of food waste that goes into landfills.
- Creates valuable resources: Worm castings are a rich source of nutrients for plants.
- Promotes healthy soil: Worms aerate the soil and improve its structure, making it easier for plants to grow.



Easy and space-efficient:

Vermicomposting can be done in small spaces, even in apartments, making it a great option for urban dwellers.



About Cherry: "I retired in January 1998 as the Records and Warrants Supervisor the Santa Cruz Sheriff's Office after 20 years. I volunteered at the College of Botanical Healing Arts (Aromatherapy)



and then worked as an Office Manager for Martha Benedict's Acupuncture office for 5 vears. I've lived in the same house since 1973,

and my garden (and gardening) has evolved. In addition to my presidency at The Gardeners' Club, I have been very involved with the UCSC Osher Lifelong Learning Institute gardening group called 'OLLI Grow Getters' that focuses on gardening to promote biodiversity and land stewardship, a great place for lifelong learners to engage with gardening and learn about local flora and fauna."

Next meeting Thursday 7:00 pm April 10 Aptos Grange Hall 2555 Mar Vista Dr.



Backyard Series: Growing flowers From Seeds

SATURDAY, APRIL 12, 2025; 9:30AM - 12PM
LOCATION: UCSC HAY BARN AND GREENHOUSE
(PARK IN THE HAY BARN PARKING)

Cost: Based on your ability to pay. Workshop fees go to support the Center for Agroecology. Please select the price that works for you.

In this workshop led by UC Santa Cruz Center for Agroecology's Farm Garden Manager Christof Bernau, we'll discuss best practices for sowing, cultivating seedlings and transplanting flowers. We will explore strategies for planning and timing a successful warm season flower garden in this region. During the hands-on portion of the workshop we will discuss/examine soil mix qualities for successful seedling development, challenges with very small seeds, sow seeds and examine the developmental stages of young seedlings.

Special guest Renee Shepherd will speak on easy to grow flowers for the Monterey Bay area and will have seed packets on hand to share. Participants will all take home a small selection of just sown seed/containers that that can grow on for the coming season. Whether this is your first time sowing seeds or you have been stewarding your garden for years this will be a great way to spring into the growing season.

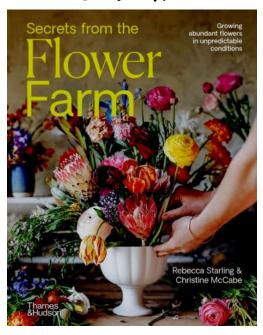
Things to Bring: Gardening gloves, layered clothing, sturdy shoes, and rain gear depending on the weather—will happen rain or shine. We'll be walking up to the farm's greenhouse after the presentation in the Barn, which features a small incline/slope.

Pre-registration is required for this workshop at <a href="https://center-for-agroecology.company.site/products/Backyard-Series-Growing-Flowers-from-Seeds-p720653426">https://center-for-agroecology.company.site/products/Backyard-Series-Growing-Flowers-from-Seeds-p720653426</a>. Presented by the



Friends of the UCSC Farm & Garden. Members receive a 10% discount on workshop costs. Learn more about becoming a member and sign up at <a href="https://agroecology.ucsc.edu/get-involved/join-the-friends/index.html">https://agroecology.ucsc.edu/get-involved/join-the-friends/index.html</a>.

### NEW Book!



Just released, <u>Secrets from the Flower Farm</u> by Rebecca Starling and Christine McCabe helps you learn how to grow exquisitely beautiful cut flowers wherever you live in this climate-conscious guide. What is the secret to growing abundant cut flowers even in unpredictable conditions? This complete guide to the seed-to-vase journey reveals how to grow flowers with incredible fragrance, embrace sustainability, and discover gorgeous new varieties of homegrown blooms.

Flower farmer Rebecca Starling shares her secrets to successfully growing cut flowers for the home. Whether a growing space is large or small, it's remarkably easy to be surrounded by color for many months of the year. Flower-farm secrets include unusual, heirloom, and new plant choices; trending plants and flower fashion; cold-hardy, heat-tolerant, and drought-resistant plants; soil blocking and successful growing from seed; drying your own flowers; the importance of day length; low-maintenance plants for busy people; hero flowers for every season; and recipes for stunning arrangements. This book examines innovative ways of growing, and shares the clever plant choices that will produce armfuls of flowers to be cut for months on end.

April is a great time to start or rejuvenate a native pollinator garden. During the cooler months of April and May, the soil is still warm enough for root growth, but air temperatures are cool enough to prevent excessive water loss from plants. Many California native plants are adapted to a winter rainfall pattern, and planting during the cooler months allows them to establish their root systems before the hot and increasingly drier summer.

### webinar! Growing Avocados on the central coast



April 24, 5:30-7:00 p.m.

Venue: onLINE Price: FREE

Did you know you can grow great avocados in our cool foggy summers? Join our online workshop to learn all about avocados! Find out which varieties do best in our Monterey Bay area, how to choose a good tree and how to plant it properly, how to care for and fertilize your tree as well as protect it from pests.

Register at <a href="https://www.zeffy.com/en-US/ticketing/growing-avocados-on-the-central-coast">https://www.zeffy.com/en-US/ticketing/growing-avocados-on-the-central-coast</a>



### Monterey Bay Master Gardeners

Planting & Caring for Your Vegetable Garden - ONLINE!



This second class in our Vegetable Growing series will give you the information you need to get your vegetable seeds and/or transplants into the ground and off to a good start.

We will also discuss watering, thinning, weeding, and fertilizing to keep them growing strong and healthy. Come join us to continue the adventure!

You don't need to have attended the 1st class to attend this one

In Oregon, the Kings County Master Gardeners offer a series of online classes in their Growing Groceries series. They are open to everyone, and you can sign up for this one for only \$8.00, or sign up for the whole warm season series.



GROW THE 'OTHER' EDIBLE NIGHTSHADES: PEPPERS, TOMATILLOS, EGGPLANT

with Extension Master Gardener, Jean Jones.

What does it take to grow sumptuous peppers, tomatillos, and eggplant? Are you hungry for tips to control those pesky flea beetles? Jean shares her expertise about cultivar selection, planting, growing, and enjoying these popular edible nightshades. <a href="https://kingcounty.mastergardenerfoundation.org/education/gg/">https://kingcounty.mastergardenerfoundation.org/education/gg/</a>





### Bookshop Santa Cruz Event Talk and Book Signing Date: Wed, 4/23/2025

Time: 7:00pm - 8:00pm

Debbie Millman, award-winning artist, designer, and the host of the podcast Design Matters, will discuss her beautiful new book Love Letter to a Garden, a visual story of falling in love with gardening—and the philosophies that work conjures. This event is cosponsored by The Humanities Institute at UC Santa Cruz.

"This book is everything! After reading it, I just sat with my heart

my throat laughing and tearing up. I've read and loved Millman's work for so long, but this may be my new favorite! Love Letter to a Garden is bold, beautiful, brilliant, and deeply personal. I have never read a book that at once makes me want to plunge my hands in the soil, hug my beloved, and cook a meal." — Jacqueline Woodson, author of Brown Girl Dreaming, winner of the National Book Award

Your RSVP helps us plan for your arrival and keep in touch with any changes. Thank you for register-

ing! https://docs.google.com/forms/d/e/1FAIpQLSeeQrygbg
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Kvuulwr\_gBQ52qg/viewform



Debbie Millman always thought of

herself as a bad gardener. Nevertheless, she kept trying. Over the years she came to realize that no one is a bad gardener—a garden is a journey that develops over time, through space, and evolves along with our hearts. In Love Letter to a Garden, Debbie Millman shares her journey to make and grow a garden—and the plants she has collected along the way—a process that started with handed-down houseplants from beloved friends and a lone peony.

Spread throughout are simple recipes using the garden's ingredients from Millman's wife, bestselling author Roxane Gay. Love Letter to a Garden is a little gem of a book—an inspiring, impulse-friendly story that can be read in one setting, then shared, experienced, pollinated, and perpetuated.

"A tender ode to the passage of time, to the quiet ways in which nature anneals and consecrates our human nature, and an exquisite testament to the personal as the supreme portal to the universal." —Maria Popova, writer

Bookshop Santa Cruz, 1520 Pacific Ave Santa Cruz (831) 423-0900



### MONTEREY BAY AREA CACTUS AND SUCCULENT SOCIETY PRESENTS:

### Spring Show and Sale 2025 I

Portuguese Community Hall 124 Atkinson Lane Watsonville, CA Free & Open to the Public: Saturday, April 19 – 9AM – 5PM Sunday, April 20 – 9AM – 3PM Society members only early access: Friday, April 18, 3–6 pm

- Learn from seasoned plant experts
- Hundreds of cacti and succulents as well as pottery and supplies
- Marvel at Exotic Showplants
- Plant Care Demonstrations
- Free Admission
- Free Parking

See our website for more information: mbsucculent.org



### **Featuring**

10,000 sq ft full of plants, pottery, and items for successful horticulture

Wide aisles that are easy to navigate; up to five pay points means short or no lines at check out

Two dozen plant vendors selling unusual species of succulents & cacti you can't buy at stores.

Beautiful, hand-made pottery from members of our club

Plant Hotel (store plants while you shop)

Hundreds of exceptional specimens of cacti and other succulents on display in the plant show

Expert growing advice, live planting demonstrations.

Habitat & conservation info.

Proceeds support the Monterey Bay Area Cactus and Succulent Society's monthly programs and further our mission of education, conservation, and propagation. <a href="https://mbsucculent.org/meetings/">https://mbsucculent.org/meetings/</a>



AssessYour Garden's Winter Health

https://www.zeffy.com/en-US/ticketing/planning-andpreparing-your-vegetablegarden-part-2-in-person

> Prune back herbaceous perennials (example: salvia), to promote plant bushiness.



Happy National Poetry Month!

Workshop: Tomato Masters. Love Apple Farms, Cynthia

Sandberg. March 30, 2025 (Sunday)

10:00 a.m. - 4:00 p.m.

\$69 https://

www.growbetter veggies.com/ growbetterveggies/2017/06/ class-tomato-ma.html



Sow bean, corn, cucumber, melon, and winter squash seed directly in the ground. Consider a soaker hose to conserve water in your vegetable garden. Start planting summer annuals like lobelia, begonia,

5:30 PM - 7:00 PM ONLINE

Now is a great time to plant a citrus tree! Contact Trink Praxel, trinkpraxel@gmail.com, 831-345-1440, Master Gardeners.https://

www.zeffyrcom/en-US/ticketing/growingrcitrus 831-345-14

## It's a Two-Fer! Plant sales for Cabrillo Horticulture AND the Native Plant Society—same day same place!-

Join us for a blooming good time as we mark the Horticulture Department's golden anniversary! 🥎

- Featured Artist: Lili Arnold, Botanical Illustrator
- Cabrillo Ceramics Department Unique, handcrafted treasures
- Empanada Pop-Up: Fonda Felix serving up tasty bites
- Spring Plant Sale with Master Gardeners of Monterey Bay
- Saturday, April 12, 2025
- 0 9 AM 1 PM
- Happening alongside the California Native Plant Society Sale!
- Plant Highlights:
- Native Plants
- Water-Wise Perennials & Shrubs
- Succulents & Cacti
- Organic Veggie Starts
- Houseplants
- 🔭 Don't miss this fun, festive day full of plants, art, food, and community! 😂 🐮

# Santa Cruz County California Native Plant Society

### Cabrillo Horticulture **Spring Plant Sale**

### WHEN

Saturday April 12th 9am to 1pm

### WHERE

Cabrillo Horticulture Sanders Ave, Aptos at the top of campus

### In collaboration with

- The California Native Plant Society Santa Cruz County Chapter's Spring Plant Sale
- · Lili Arnold Studios artwork
- . Cabrillo Clay Club ceramics
- Fonda Felix coffee and empanadas
   Monterey Bay Master Gardeners

Perennials
Plants for pollinators
Sunflowers
Indoor plants
Organic veggie starts
California native plants
Hort merch

Parking at the top of the hill.

Overflow parking + shuttle van available at Perimeter Rd and Sanders Ave



Santa Cruz County Chapter California Native Plant Society Spring Plant Sale!

April 12th, 9:00 am - 1:00 pm

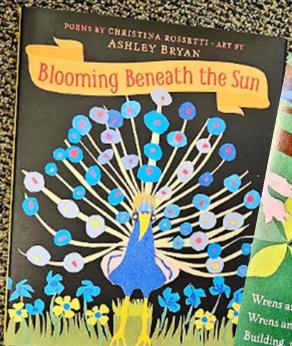
Our spring sale of California Native plants will include some very local natives, irises, annuals and shrubs. The sale is held at the same time, next to the Cabrillo College Horticulture Department sale of native and non-native plants. There will likely be native succulents at one or both of the sales. Parking is somewhat limited, so if you are able, park a little lower down, purchase, and then drive up to pick up your plants.



from Livingston Manor Free Library!

Poetry is not only dream and vision; it is the skeleton architecture of our lives. It lays the foundations for a future of change, a bridge across our fears of what has never been before.

Audre Lorde



Wrens and robins in the hedge, Wrens and robins here and there; Building, perching, pecking, fluttering, Everywhere!

Celebrate! and april is -

National Poetry Month puddle wonderful,

### Spring Is Like A Perhaps Hand

Spring is like a perhaps hand (which comes carefully out of Nowhere) arranging a window, into which people look (while people stare arranging and changing placing carefully there a strange thing and a known thing here) and changing every-

spring is like a
perhaps
Hand in a window
(carefully to
and fro moving
New and
Old things,
while
people stare
carefully
moving a perhaps
fraction of flower
here placing
an inch of air
there)and

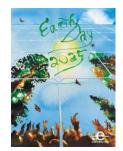
thing carefully

without breaking anything.

e.e. cummings,from <u>Selected</u><u>Poems</u>

Last call! The time has come for membership renewal. Annual membership dues, which include all benefits, are only \$20.00. Dues entitle members to all club educational programs, our special events, plant trades and our awesome monthly newsletter. The "green" option is to receive an electronic PDF FULL-COLOR version of the newsletter by checking the newsletter e-mail option below. Consider sharing

your passion for gardening, and supporting our club, by giving your favorite gardening enthusiast an opportunity to connect, share and learn with us. A gift membership is a gift nobody will want to return!



Ours is a club celebrating the joys of gardening, friendship, community, learning, nature and growth. We have a history of giving to the community, and have focused this giving in the last few years on scholarships for Cabrillo College students who are working towards careers in horticulture. Because our dues are so low and we'd like to be able to continue to give scholarships as

needed, we are giving you the option of making an additional gift with your membership. Thank you!

Renew now so you don't miss anything—you'll be glad you did.

Your Membership	
Name:Phone:	
Address	_Email:
How would you like your newsletter? E-mail (FULL COLOR!!!)  - OR - Paper (Black & white; postal service)	
Gift Membership	
Name:Phone:	
Address	Email:
Gift Membership Newsletter —Check ONE:	
E-mail (FULL COLOR!!!) (the green optionsave trees)	
Paper (Black & white; via Snail Mail)	Membership amount \$
Enclose check for \$20 per member, plus any additional contribution to our scholarship fund, made out to <i>The Gardeners' Club</i> .  Mail to The Gardeners' Club	I would like to make an \$ additional gift
c/o Suzanne Caron, P.O. Box 3025, Ben Lomond CA 95005	Total \$



Santa Cruz Master Recycler Volunteers are community advocates that educate and inspire their fellow citizens to reduce waste, recycle right and divert food waste from the landfill. Are you interested in training to become a volunteer? Information and a training application can be found at https://www.cityofsantacruz.com/Home/ Components/Form/Form/ e463622f49f74686a2cad6 f70a88ea9b/4225





### www.thegardenersclub.org

noedmodT 9ol

#### Webmaster

moo.noomyad@hgievomq

ESS4-99S

Pat McVeigh

Member- at-Large

### ry41@gmail.com margegrego-

6751-489

Marge Gregory

Refreshments

#### zhovreboff@aol.com

EL9E-E0E (916)

George & Evelyn Zhovreboff

aneymark@hotmail.come

ube.osou@sequi

Lupe Allen, 247-2705

Plant Table

moo.9vil@4∂-γqqoq

Debbie Kindle

Members-at-Large

1991/16/03/19/19/19/19

Lise Bixler, 457-2089

Newsletter Writer/Editor

jhavelock@sbcglobal.net

178879

lleH ennsol

Hospitalty

moo.lismg@enilmottod.ennesu2

Suzanne Caron 609-6230

Membership

**TNADAV** 

Treasurer

Moo.los@yelone8AA

April Barclay, 688-7656

Secretary

Vacant

Vice President & Publicity

cherrylea@comcast.net Cherry Thompson, 475-0991

President

P.O. Box 3025, Ben Lomond CA 95005

The Gardeners' Club

www.etsy.com/shop/curiousprintpattern. dor. Order a print or see more of her work at her Etsy shop Our front page logo iis graciously shared with us by artist Lisa Za-

each month at the Aptos Grange, 2555 Mar Vista Dr., Aptos CA 95005. Meetings are held at 7:00 p.m. on the 2nd Thursday of to "The Gardeners' Club" and mail to P.O. Box 3025., Ben Lomond, Dues are \$20 per calendar year. Make check

It's easy-peasy to join our club!

