



Into the Garden

The Gardeners' Club
Santa Cruz County,
California

October 2025

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Fall Plant Sale and Swap



**THURSDAY
OCTOBER 9, 6:40 PM
APTOS GRANGE
2555 MAR VISTA DR.**

Don't miss this wonderful opportunity to get free and bargain-priced plants and paraphernalia for your garden. Our members have been industriously dividing their perennials, potting up seedlings and extra plants, collecting seeds, bagging bulbs, gleaning surplus harvest, thinning tool and décor collections—all to make our trade and sale event a rich and rewarding experience. Come choose from a limitless variety of plants, bulbs, perennials, shrubs, seeds, small trees, tools, pots, vases, planters, books, magazines, knick-knacks and anything/everything garden. If you don't have plants to trade, you can buy stuff at ridiculously low prices. You are sure to discover something new to try. See you there!

More information on inside back cover

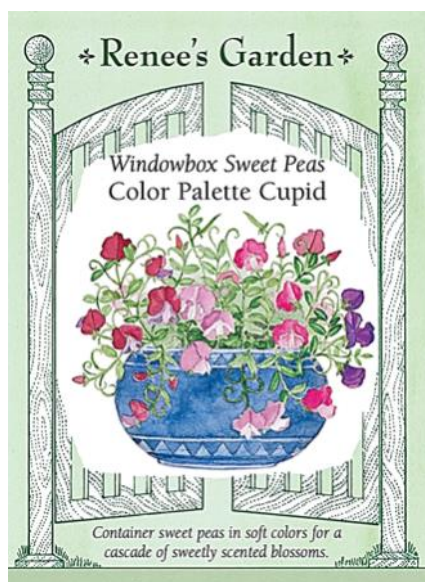
PLANTING SWEET PEAS IN THE FALL



Starting sweet peas in spring from seed or seedlings can be tricky, with mixed results. Did you know you get amazing results where we live when you plant your sweet peas in

the fall? You can get long-stemmed, fabulous, fragrant blooms on vigorous plants – perfect for spring and early summer bouquets – if you plant now. How exciting!

There are early blooming and late blooming types of sweet peas, spring through summer. Remember to soak your seeds for 24 hours, and nick them before planting with a knife or nail clipper. If you grow them in large pots, place twigs or tree branches in them to support them. You may want to consider dwarf or bush varieties if growing in pots. Renee's has a lovely one that only grows 8-10 inches tall then bloom on cascading branches.



OTHER SEEDS TO CONSIDER PLANTING THIS MONTH

California poppies, Shirley poppy, Scarlet flax, Patio Pride pea, Lizard or Kolibri Spinach.



— — Lola Wiarco Dweck

POEM

Ten Medjool Dates

I go to the farmers market for what might comfort me,

peruse the tomatoes, beans, padron peppers, instead

fill my bag with everything that is sweet, plump, like black mission figs, local strawberries, raspberries.

I buy one Crenshaw melon, heavier than I expect.

It falls to the bottom of my bag, like worry.

I tuck this thick, rough skinned globe where it cannot crush the berries.

A rugged melon with its sweet promise hidden, like good news lost in the mail.

But I know it will be the 10 medjool dates, sticky fresh

that will remind me, in the coming weeks, how everything must wait, wait for the sugar to arrive.

—Ziggy Rendler-Bregman, The Gate of Our Coming and Going (a collection of poetry and art)

Author Joy Williams on the truth-telling of fall: "Fall is. It always comes round, with its lovely patience. If in the beginning it's restless, at the end it's resigned, complete in its waiting, complete in the utter correctness of what it has to tell us. Which is that we're transitory."

Day of the Dead

Fall reminds of beginnings and endings. Many cultures use it as a time to remember and celebrate people who have a lived and died. The use of flowers during Día de Muertos, the Mexican Day of the Dead celebration, carries deep cultural and spiritual significance. Similar to flowers, our time on earth is limited, and therefore on Day of the Dead, flowers symbolize the ephemeral nature of life. Arranged on altars and graves, flowers create a vibrant, welcoming path for the souls we celebrate. This celebration represents not only death but also the constant cycle of life, decay and rebirth — the same exuberant cycle we see every day inside the garden.



Why did the tulip break up with rose?
Because their relationship was too thorny!

Fall-Planted Cut Flowers Workshop

By **Center for Agroecology**

📅 Sunday, October 5, 2025 1:00pm
to 3:30pm PDT



Hay Barn, 1008 Ranch View Road, Santa Cruz,

Join us for a jump on your spring garden for next year! In this fall planting class, we'll discuss the perennials that can be grown for cutting, as well as fall-planted annuals. This class will help you understand the many benefits of over-wintering cut flowers, allowing

you to bring color to your vase earlier and with less effort. We'll focus on corms, bulbs, and effortless seeds that lead to delightful first sights of spring. A light discussion of toxicity found in many early spring and summer flowers will help attendees decide which flowers may be appropriate for their gardens.

Attendees will walk away with seeds, and there will also be plugs for sale to help foster success for the more difficult seeds to start. Cost is sliding scale; there will be a \$10 materials fee. <https://center-for-agroecology.company.site/products/Fall-Planted-Cut-Flowers-Workshop-Bulbs-perennials-and-seeds-p769564265>

Instructor Courtney Rosiak-Quinto of Quaintrelle Farms brings 15 years of experience in floral design to her work—but her passion for flowers didn't stop at the studio. She now grows her own blooms on a small urban farm tucked near the base of campus.

Connect with community on the campus farm at the annual Harvest Festival. This popular event has fun activities for all ages including apple pressing for cider, face painting, pumpkin painting, tractor rides, live music, delicious food and much more. A schedule of the day's activities is coming soon.

Please do not harvest any of the crops on the farm during your visit. The crops grown on the farm feed students in need and support our research and programming. We encourage you to bring a reusable water bottle to save plastic and stay hydrated! Pets are not allowed on the UC Santa Cruz campus

(with the exception of service animals). The Harvest Festival is presented by the UC Santa Cruz Center for Agroecology, the Food Systems Working Group, Measure 43 and Life Lab.

Cost: \$5 for general public; free entry for current students of UCSC, Hartnell and Cabrillo College, Friends of the UCSC Farm & Garden members, and

Harvest Festival

By **Center for Agroecology, Social Sciences Division**

📅 Saturday, October 18, 2025
11:00am to 3:00pm PDT



children under 12. Cash preferred at the entrance gate or you may pre-purchase an entry ticket.

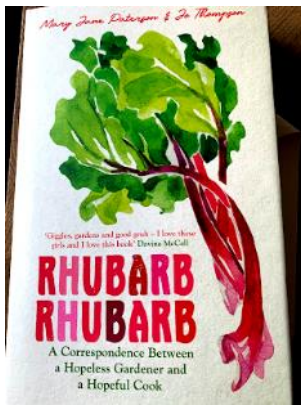
Transportation and parking: We encourage carpooling, walking, biking, or taking the bus if you are able to! Parking will be available in UCSC Lot 104 (East Remote Lot); a complimentary shuttle will transport attendees to the

back gate of the farm every 10-15 minutes. The shuttle will run from 10:45am to 3:30pm. No shuttle service

in parking lots 116/117; no festival parking in Village Lot 168 except ADA parking.

Contact agroecology@ucsc.edu with questions or requests for accommodations. Buy tickets in advance at <https://center-for-agroecology.company.site/products/2025-Harvest-Festival-Admission-p692704666>.





Book Review: Rhubarb Rhubarb by Mary Jane Peterson & Jo Thompson

This book is a series of letters between the cook, Mary Jane Peterson and the gardener, Jo Thompson. Though calling a Leith trained cook and an award winning garden designer 'cook' and 'gardener' seems to be under-describing. The simplicity of the titles reflect the simplicity and

charm of the book. It is a total delight : the letters give insight into the intersecting worlds of Mary and Jo. They talk and swap gardening tips and recipes in an easy effortless way... I laughed out loud at the coffee-morning discussion, and the Instagardens and Instasupper chapter is just pure gold.

The book is illustrated by Laura Jazwinski and her illustrations weave perfectly through the text. I smiled all the way through reading the book and know that I will be dipping in and out of it for years to come. It is a book for the times we live in: a good read with good information and charm effortlessly falling from every page. There is nothing hopeless about the gardener or cook referred to on the book cover, this is a book to give us all hope. “

—Review above is excerpted from The Blackberry Garden blog by Alison Levey (<https://www.blackberrygarden.co.uk/>).

Fall Cleanup: The Short Version excerpted from Margaret Roach's Away to Garden (<https://awaytogarden.com/october-garden-chores-2/>)

Identify some areas that can be left “messy,” particularly fallen leaves left in place under native trees and even a brush pile—to act as essential habitat for overwintering beneficials, from moths and butterflies to spiders and more. Leaf litter is prime habitat for many important arthropods that can help us with pollination and pest control as adults next year. I don't rake the looser outer beds at my place, or mow down my meadow till sometime next May. See “How and why to back off too-tidy cleanup, from Doug Tallamy, author of *Nature's Best Hope* (<https://awaytogarden.com/fall-cleanup-with-ecology-in-mind-with-doug-tallamy/>)

Leave especially ornamental or wildlife-friendly plants standing. Don't act as if you're vacuuming the living room; clean up beds tactically for maximum enjoyment by you and the birds.

Stabilize woody plants: Identify any vulnerable limbs, removing broken or dead branches now to make sure winter weather doesn't worsen things.

With the leaves you do need to rake up, and cannot find a spot to relocate, start a leaves-only compost pile. Once crumbly after aging in a heap, they make great mulch, or can be turned into beds to add organic matter. Again, though: leave as many leaves in place as you can.

Fall Garden Care

- Avoid cutting down & cleaning out your garden beds this fall
- Plants provide important food & habitat over the winter
- Leave fallen leaves (or mow over them) & let them break down over the winter



Free Webinar Thursday, October 16th — 4 PM PT

Even after reading books and attending talks, many people still have pressing questions about ecological landscaping. In this talk, Tallamy addresses common concerns on biodiversity, invasive species, native plants, and conservation strategies, providing practical guidance and motivation to restore nature in everyday spaces.

Join this Wild Ones talk virtually. A link will be provided with registration. This webinar will be recorded and available to watch after the premiere. And join the live text-based chat on YouTube Live. Register at <https://wildones.org/next-steps-for-nature/#register>.

Wild Ones is a 501(c)(3) nonprofit organization which is a knowledgeable, hands-on, and supportive community focused on native plants and the ecosystem that depends on them. Among other things, they provide resources and online learning opportunities with respected experts. Learn more at <https://wildones.org/>.

This webinar builds on Tallamy's newest book, *How Can I Help?: Saving Nature with Your Yard*, offering real-world solutions to the challenges people face when turning their landscapes into functional ecosystems. Doug Tallamy addresses 500 of the most frequently asked questions about ecological landscaping.



Meet your farming community and visit 16 local organic farms at the 2025 open farm tours!

Learn what is involved in growing our food and get a behind-the-scenes look into our region's vibrant working agricultural landscape. Participate in farm activities like apple juicing, U-Picks, food preservation demos, kids crafts & more. Delicious food & beverages, local baked goods, fresh produce & flowers are available for purchase at the farms.

Learn about the organic agriculture methods used to grow our food and spend a day outside getting to know our farming community. Healthy food, farms, friends & family is what we're all about!

Friends & Family Weekend Pass - \$25 per carload of up to 5 people to tour for both days!

Click on the green "Get Tickets" button to purchase tickets. All ticket purchases will be entered automatically into our drawing to win prizes from our Farms and Sponsors.

October 11, 10am-4pm - South County Farm Tours
7 farms open to tour on Saturday:

Prevedelli Farm, Dos Aguilas Olive Grove, Live Earth Farm, Esperanza Community Farms, Blossom's Biodynamic Farm, Thomas Farm & Luz De Valle Farm

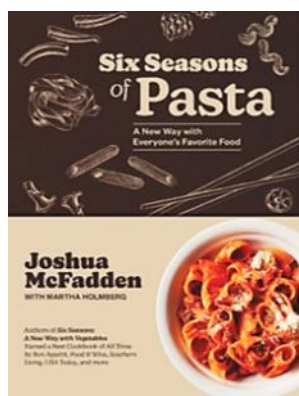
BBQ Lunch from 11-3pm available for purchase at Luz Del Valle Farm in Aptos.

October 12, 10am-4pm - North County Farm Tours
9 farms open to tour on Sunday:

Beeline Blooms, Flip Flop Farm, Pie Ranch, Homeless Garden Project, Santa Cruz Permaculture, Rodoni Farm, Post Street Farm, Swanton Berry Farm & Sea to Sky Farm.

BBQ Lunch from 11-3pm available for purchase at Sea to Sky Farm in Bonny Doon.

Check the Open Farm Tours website openfarms.org for all participating farm biographies, printable & interactive maps, guided tour schedules & farm activities. Buy tickets at <https://ticketstripe.com/events/6157107129134633>.



James Beard Award-winner
Joshua McFadden
OCTOBER 21ST AT 7:00
At the Cowell Ranch Hay Barn
BOOKSHOP SANTA CRUZ
UC SANTA CRUZ
Center for Agroecology



In *Six Seasons: A New Way with Vegetables*, Joshua McFadden's approach to seasonal produce revolutionized the way we cook with vegetables. (*Bon Appetit* and *Food & Wine* named it one of the Best Cookbooks of All Time.) Now, he's back to transform the way we cook and eat pasta. In *Six Seasons of Pasta*, noodles become the perfect showcase for each season's bounty of produce. There are more than 125 recipes organized by season. Artichokes with Tomato and Mint celebrates the fresh, delicate flavors of spring; a classic winter dish like Baked Ziti with Broccoli Rabe is hearty and nourishing. This event is cosponsored by the UC Santa Cruz Center for Agroecology and will take place at the beautiful Cowell Ranch Hay Barn on the UCSC campus. Tickets are \$48 and include entry and book. More information at <https://www.tickettailor.com/events/bookshopsantacruz/1871375>.



Come to the Natural Bridges Farm for the most delicious farm-to-table dining experience and support the work of the Homeless Garden Project Transitional Employment Program!

Enjoy a 4 course meal and a celebration of this year's harvest, community and sustainability. About keynote speaker Jane Hirshfield: Her work encompasses a large range of influences, drawing from the sciences, the garden, and the kitchen, as well as from the world's literary, intellectual, artistic, and spiritual traditions. Her first poem appeared in *The Nation* in 1973, winning what would become the next year the Discovery Award shortly after she graduated from college. She then put aside writing for nearly eight years to study at the San Francisco Zen Center. "I felt that I'd never make much of a poet if I didn't know more than I knew at that time about what it means to be human," Hirshfield has said of her years of formal Zen practice. "I don't think poetry is based just on poetry; it is based on a thoroughly lived life."

About the menu: **Appetizers -Crispy Kale & Greens from the Garden - Papadams -Pakoras served with Joze sweet chutney -Krupuk **Salad - Fattousch Lebanese romaine pita-point salad, feta cheese, artichoke hearts, w artichoke herb dressing **Entree -

Dragon Chicken fresh chicken breast wok'd in a Vietnamese bamboo shoot shiitake-mint-cilantro glaze -Djava Javan tamarind pesto curry with fresh oyster mushrooms and bell pepper **Dessert -Coconut Raspberry Bon Bons dipped in dark chocolate with cookie crumble from Penny Ice Creamery

About the chefs: one of the evening's featured chefs will be the legendary local fixture, Jozseph Schultz of the famed India Joze. Having transformed simple ingredients into complex food epiphanies for the Santa Cruz community for over 50 years, Chef Jozseph was the featured subject of Director Jon Silver's 2022's documentary, *Foodie for the People*. As an ally of the Homeless Garden Project from the very beginning, nobody blends world cuisine, culture, community, art and social justice like our beloved India Joze and we are so lucky and grateful that he'll be one of the featured chefs preparing the Supper's meal. The Penny Ice Creamery, founded in 2010 in Santa Cruz, is a beloved artisanal ice cream shop known for making everything in-house, from the ice cream base and sorbets to the waffle cones, using seasonal, organic, and locally sourced ingredients. As one of the few small-

scale dairies in the country licensed to pasteurize on site, they have complete control over the process, which allows them to experiment with creative and ever-changing flavors that highlight personal connections to local farms and producers.

About the Homeless Garden Project Transitional Employment Program: Founded in 1990, HGP operates an organic farm and value-added retail enterprise as hosts to workforce development support for people experiencing homelessness. Our transitional employment strategy combines wage-paid work, job skills training, and supportive services to help individuals facing barriers to employment succeed in the workforce and obtain housing. Transitional jobs program participants earn a paycheck, learn skills, and receive intensive mentoring and support. Last year, 93% of graduates obtained stable employment and stable housing

<https://www.eventbrite.com/e/sustain-supper-october-18th-2025-registration-1602566953899?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl>

Instructions & Tally sheet for Plant sale and swap

Don't miss this wonderful opportunity to get free and bargain-priced plants and paraphernalia for your garden. Come choose from a limitless variety of plants, bulbs, perennials, shrubs, seeds, small trees, tools, pots, vases, planters, books, magazines, surplus harvest, knick-knacks and anything/everything garden. If you don't have plants to trade, you can buy stuff at ridiculously low prices. You are sure to discover something new to try.

You can take plants home by either by paying cash or check, or by bringing plants and other items for trade tickets to use instead of cash. Fill out this form before the meeting if you are going to trade. This is what you'll get for what you bring:

- 2", 3" & 4" pots: 1 ticket each
- 6" pot or 6-pack: 1.5 ticket each
- 1 gallon pot: 2 tickets each
- 2 gallon pot: 3 tickets each

Miscellaneous items are priced at the meeting.

Label your plants with their common or botanical names, and put your name on them in case purchasers have questions.

Please don't bring loose, dirty plants that would make a mess, or plants you wouldn't be proud to put your name on.

We appreciate all of you who come early to help set up – it's a lot of work! And if you can, plan on staying to help with clean-up.

We'll start accepting plants at 6:40 p.m. The purchase prices are:

- 2", 3", or 4" pots: 2 tickets or \$1 each
- 6" pot or 6-pack: 3 tickets, or \$1.50 each
- 1 gallon pot: 4 tickets or \$2.00 each
- 2 gallon pot: 6 ticket or \$3.00 each

When there are multiples of the same plant available, please take only one until other members have had a chance to buy one. If there are multiples left over, then you can

grab them! Plants that don't get sold or given away go home with the person who brought them.

Good luck, and have fun!



Please complete this form at home and bring it with you to the meeting.

2 to 4" pot	_____	X	\$2	=	_____
6" or six pack	_____	X	\$3	=	_____
1 gallon	_____	X	\$4	=	_____
5 gallon	_____	X	\$8	=	_____
misc items	_____	X		=	_____
misc items	_____	X		=	_____
misc items	_____	X		=	_____
misc items	_____	X		=	_____
misc items	_____	X		=	_____
TOTAL PURCHASES					_____
SUBTRACT TRADE IN VALUE					(_____)
\$ OWED					_____



7 days of sales! Stocking up time...

Save the Date!

Our Annual Week-Long

CUSTOMER APPRECIATION SALE

is coming up!

OCTOBER 13 - 19

We will have a different sale each day on your favorite items at the best prices of the year!

Thank you for being such great customers!

San Lorenzo GARDEN CENTER

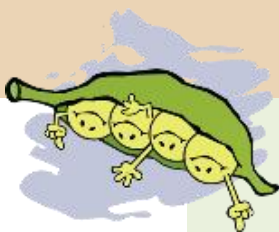
235 River Street • Santa Cruz • 831-423-0223

Store Hours: Monday-Friday (9/25-9/27) 8am-6pm • Monday-Friday (9/30-10/2) 8am-5pm

Saturday 8am-5pm • Sunday 8:30am-5pm

Visit us at SanLorenzoLumber.com/Garden-Center

It's easy-peasy to join our club!
Dues are \$20 per calendar year. Make check to "The Gardeners' Club" and mail to P.O. Box 3025, Ben Lomond, CA 95005. Meetings are held at 7:00 p.m. on the 2nd Thursday of each month at the Aptos Grange, 2555 Mar Vista Dr., Aptos



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www.etsy.com/shop/curiousprintpattern.

Our front page logo is graciously shared with us by artist Lisa Zador. Order a print or see more of her work at her Etsy shop